

ABSTRACT

A blood pressure monitor associates information representing measuring time input from a clock with measured blood pressure values so as to store them in a memory. Blood pressure values measured in a morning time zone and blood pressure values measured in an evening time zone are grouped based on the time information associated with the blood pressure values so as to be stored in the memory. A data intra-group average calculating section calculates averages of the blood pressure values in the groups, and a risk calculating section calculates a risk value based on the calculated results of the data intra-group average calculating section.